

# Coming Soon



A **FREE 7 week program** for  
10–14 year olds and their  
parents/caregivers

**DATES: TO BE DETERMINED**

Dinner is from 6:10PM–6:30PM  
Session runs from 6:30PM–8:30PM

**PRE-REGISTRATION IS REQUIRED**

- **FREE ("Light") DINNER**
- **BABYSITTING**

*How do we spell F.U.N. in Hillsborough?*

# Family Unity Night

For more information or to pre-register for the program contact:

Minda Maggio  
District Life Skills Coordinator  
mmaggio@https.us  
(908) 431-6600 ext. 2809

TOPICS WILL INCLUDE:

- **COMMUNICATION SKILLS**
- **STRESS MANAGEMENT**
  - **SELF-ESTEEM**
  - **FAMILY FUN**
- **PROBLEM SOLVING**



*"I heartily endorse this program! I learned so much from other parents and I realized that I am not alone. Many parents are dealing with the same issues that we are."*

*Dad of a 12 year old*



*"Communication is so important and the sessions provided methods to improve how I communicate with my kids"*

*Mom of a 10 and a 13 year old*

**Hillsborough/Millstone Municipal Alliance**



